



## This month we are highlighting our NEW Child Development Associate (CDA) Preparation Program!

- Scholarships are available to everyone - most students can take this program for FREE!!
- Take classes on your schedule with up to 2 years to finish
- Credit given for applicable classes you already have taken
- All materials, textbooks & a variety of resources are included
- Online office hours and individualized support

Register for one of the CDA Information Sessions to get all the details and to register to start this September – Invest in your future!

### CDA Information Sessions (attend just one)

**Event ID: 136227**

Tuesday 7/11/23 12:30-1:30 PM

Thursday 7/13/23 7:00-8:00 PM

Wednesday 7/19/23 1:00-2:00 PM

Wednesday 7/26/23 7:00-8:00 PM

Friday 7/28/23 1:00-2:00 PM

Saturday 7/29/23 10:00-11:00 AM

Come learn all about our customizable program to help you earn your Child Development Associate credential. We will review all of the details, provide registration materials, answer any questions you might have, and show you how to apply for the scholarship in NJCCIS so that earning your CDA is FREE. You can attend the session that works best with your schedule – they all have the same event ID.

Contact Tess Brady at [TBrady@CHSofNJ.org](mailto:TBrady@CHSofNJ.org) with any questions.

**Conscious Discipline Overview for Directors Event ID: 137105**  
**Monday, 7/10/23 1:00-2:15 PM**

This is exactly what you need during these difficult post-pandemic days! Conscious Discipline will change the way you think about challenging behaviors and help your teachers create a positive and supportive climate in their classrooms for all children. Come find out more about this program and how it can benefit you, your staff and all of the children in your care when you implement Conscious Discipline strategies throughout your school. Join us for one of these sessions will help you get ready to have your staff sign up for the entire series next month.

**Understanding & Utilizing the NJ Birth to 3 Guidelines**  
**Monday, 7/10/23 6:30-8:30 PM Event ID: 137084**

We will provide you with a digital copy of the guidelines and help you navigate through all of the information they contain. Together we'll discuss how to make them part of your infant toddler curriculum, assessments, and your everyday activities.

**Summer Adventures Lunch & Learn Series 12:30-1:00/1:30-2:00**

Mother Nature is a natural classroom! Give your lesson plans some fresh air by taking the classroom outdoors! Join us to learn terrific ways to incorporate outdoor exploration that can enhance your students' learning. Ideal for teachers with children 2 and older.

**Monday, 7/10/23 Session 1: Nature Exploration Event ID: 135876**

**Tuesday, 7/11/23 Session 2: Science Discoveries Event ID: 135901**

**Wednesday, 7/12/23 Session 3: Gross Motor Fun Event ID: 135902**

**Thursday, 7/13/23 Session 4: Outdoor Academics Event ID: 135903**

**Celebrations in Childcare: Making them Healthy AND Fun! Event ID:137116**  
**Tuesday 7/11/23 7:00-8:00 PM**

Celebrations are an important part of a child's social development. They are a fun way to mark special occasions, honor customs and culture, and children look forward to the change in routine. However, celebrations often include food & drinks that may not be nutritious. With a few easy changes most food & drinks can support healthy eating & still be fun.

**CDA Information Sessions (attend just one) Event ID: 136227**

**Tuesday 7/11/23 12:30-1:30 PM**

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**Wednesday 7/19/23 1:00-2:00 PM**

**Wednesday 7/26/23 7:00-8:00 PM**

**Friday 7/28/23 1:00-2:00 PM**

**Saturday 7/29/23 10:00-11:00 AM**

Contact Tess Brady at [TBrady@CHSofNJ.org](mailto:TBrady@CHSofNJ.org) with any questions.

Come learn all about our customizable program to help you earn your Child Development Associate credential. We will review all of the details, provide registration materials, answer any questions you might have, and show you how to apply for the scholarship in NJCCIS so that earning your CDA is FREE. You can attend the session that works best with your schedule – they all have the same event ID.

### **Grow NJ Kids Info Session**

**Wednesday 7/12/23 6:30-7:30 PM**

**Event ID: 135026**

Come find out what GNJK is all about, what's in it for your program, and how to sign up. Get ready to make your great program even better! Participation in GNJK is a requirement for some grants.

### **Infant Toddler Supports Info Session**

**Wednesday 7/12/23 7:30-8:30 PM**

**Event ID: 135027**

Are you an infant or toddler teacher? Are you a family child care provider or director of a program with children under 3? It is a tough time for teachers of our youngest learners – and we are here to help you with the classroom challenges you may be facing. We can provide resources and support with anything from room arrangement to scheduling, challenging behaviors to transitions & routines and more. Join us, tell us what you need and we'll work with you to create an individualized action plan and schedule an appointment to get started!

### **ITERS-3: Listening & Talking**

**Monday, 7/17/23 6:30-8:30 PM**

**Event ID: 137126**

After a quick overview of the ITERS-3 (Infant Toddler Environmental Rating Scale), we will dive into the Listening & Talking subscale to look at best practices for the infant & toddler classroom.

### **Supporting Dual Language Learners and Building Cultural Responsiveness series**

**Event ID: 137085**

**Wednesday 7/19/23 6:00-9:00 PM**

**Thursday, 7/20/23 6:00-9:00 PM**

This 2-part series is designed to help you think about ways to support the cultural identity of each child and family, and to promote anti-bias strategies in your classroom. You must attend both sessions to receive credit.

### **Strengthening Families Overview: The 5 Protective Factors**

**Monday, 7/24/23 6:30-8:30 PM**

**Event ID: 135030**

Strengthening Families is a research-informed, strengths-based approach that prevents child abuse and neglect by focusing on the well-being of all families. Here you will learn more about how you can help your families raise happy healthy children that are ready for success. Each of the protective factors is essential, but most important is what they do together to build strength and stability in families.

Contact Tess Brady at [TBrady@CHSofNJ.org](mailto:TBrady@CHSofNJ.org) with any questions.

**Understanding & Utilizing the NJ PS Teaching & Learning Standards  
Tuesday 7/25/23 7:00-9:00 PM Event ID: 137083**

We will provide you with a digital copy of the standards and help you navigate through all of the information they contain. Together we'll discuss how to make them part of your curriculum, your assessments, and your everyday activities in your 3 and 4-year-old classroom.

**Conscious Discipline Overview for Directors Event ID: 137105  
Thursday, 7/27/23 1:00-2:15 PM**

This is exactly what you need during these difficult post-pandemic days! Conscious Discipline will change the way you think about challenging behaviors and help your teachers create a positive and supportive climate in their classrooms for all children. Come find out more about this program and how it can benefit you, your staff and all of the children in your care when you implement Conscious Discipline strategies throughout your school. Join us for one of these sessions will help you get ready to have your staff sign up for the entire series next month.

**Director's Corner**

**Thursday, 7/27/23 6:30-8:00 PM Event ID: 135025**

Share ideas with other directors and brainstorm what might work for you on different topics, and review the latest guidelines, info and updates.

**Family Child Care Business Boot Camp**

**Session 1: Marketing**

**Event ID: 137095**

**Monday 7/31/23 6:30-8:30 PM Part 1**

**Wednesday 8/2/23 6:30-8:30 PM Part 2**

This 6 session series is just for FCC providers - based on the books authored by Tom Copeland – the guru of family child care business topics! This month's topic focuses on best practices for marketing your business. You must attend part 1 & part 2 to receive credit.

**Your Best School Year Yet Part 1: Rocking Room Arrangement &  
Dynamic Displays**

**Tuesday 8/1/23 7:00-9:00 PM**

**Event ID: 137088**

We will share some exciting new ideas on how to set up early childhood classrooms & learning centers – both permanent ones and special centers you can add throughout the year. We will also look at lots of creative ideas for permanent and changing displays and ways to use them to get your children talking and interacting. Let's focus on making our children more comfortable in our classrooms! For teachers with children 2 years old and up.

**Your Best School Year Yet Part 2: Homemade Toys That Teach**

**Thursday 8/3/23 7:00-9:00 PM**

**Event ID: 137086**

Let's be honest – money is tight – so let's get creative and talk about how to make new teaching materials from recyclables and treasures from the dollar store. We'll share lots of examples, and if you bring an empty cereal box, an empty 2 liter soda bottle, some

colored permanent markers and a sharp pair of scissors we'll even make a few together!  
For teachers with children 2 years old and up.

## **Your Best School Year Yet Part 3: Sensational Circle Times and Terrific Transitions**

**Tuesday 8/8/23 7:00-9:00 PM**

**Event ID: 132799**

We all know children have changed in this new millennium, and we need to as well, so let's re-examine how we handle circle time and all those daily transitions we have to deal with. For teachers with children 2 years old and up.

## **Strengthening Families: Parental Resilience**

**Monday, 8/7/23 6:30-8:30 PM**

**Event ID: 137128**

The Strengthening Families series will help you learn more about how you can help your families raise happy healthy children that are ready for success. This session focuses on how we can help parents be more resilient to be able to take good care of their children even when experiencing a crisis by building their supports and dealing with day-to-day stress.

## **Grow NJ Kids Info Session**

**Tuesday, 8/8/23 6:30-7:30 PM**

**Event ID: 135026**

Come find out what GNJK is all about, what's in it for your program, and how to sign up. Get ready to make your great program even better! Participation in GNJK is a requirement for some grants.

## **Infant Toddler Supports Info Session**

**Tuesday, 8/8/23 7:30-8:30 PM**

**Event ID: 135027**

Are you an infant or toddler teacher? Are you a family child care provider or director of a program with children under 3? It is a tough time for teachers of our youngest learners – and we are here to help you with the classroom challenges you may be facing. We can provide resources and support with anything from room arrangement to scheduling, challenging behaviors to transitions & routines and more. Join us, tell us what you need and we'll work with you to create an individualized action plan and schedule an appointment to get started!

## **Child and Adult Care Food Program (CACFP): The Benefits and Steps to Getting Started**

**Monday, 8/14/23 12:30-1:00 PM**

**Event ID: 135960**

Thinking about joining the Child and Adult Care Food Program (CACFP) but not sure how to get started? Learn how to successfully launch the program at your center, home or afterschool site. Find out how to find a sponsor and start getting financial reimbursement for meals you are already serving.

Contact Tess Brady at [TBrady@CHSofNJ.org](mailto:TBrady@CHSofNJ.org) with any questions.

## **Conscious Discipline Series**

**Event ID: 137090**

**Monday 8/14/23 & Thursday 8/17/23 7:00-9:30 PM**

**Monday 8/28/23 & Thursday 8/31/23 7:00-9:30 PM**

**Monday 9/11/23 & Thursday 9/14/23 7:00-9:30 PM**

**Monday 9/25/23 & Thursday 9/28/23 7:00-9:30 PM**

Conscious Discipline will change the way you think about challenging behaviors and help you create a positive and supportive climate in your classroom for all children. This video driven series is grounded in brain research, and focused on helping you handle behavior guidance in a positive proactive way with every child. This is exactly what you need during these challenging post-pandemic days. You must attend all 8 sessions to receive professional development credit. **There is only one event ID, you will only need to register once for the entire series.**

## **Health and Safety, Early Childhood Development & Mandated Reporting Series**

**Event ID: 137100**

**T 8/15/23 6:30-9:00 PM W 8/16/23 6:30-9:00 PM**

**T 8/22/23 6:30-9:00 PM W 8/23/23 6:30-9:00 PM**

This is a 4-session **LIVE** zoom series that covers all of the CCDBG required modules from the recorded version of this course. You **MUST** attend all 4 sessions to receive professional development credit and to complete the required 10 hour CCDBG coursework in Health & Safety, Child Development and Mandated Reporting.

## **Strengthening Families: Social Connections**

**Monday, 8/21/23 6:30-8:30 PM**

**Event ID: 135033**

The Strengthening Families series will help you learn more about how you can help your families raise happy healthy children that are ready for success. This session focuses on helping families recognize and build a social network of emotionally supportive friends, family and neighbors to help make it easier to care for their children and themselves, particularly during stressful times.

## **Director's Corner**

**Thursday, 8/24/23 6:30-8:00 PM**

**Event ID: 135025**

Share ideas with other directors and brainstorm what might work for you on different topics, and review the latest guidelines, info and updates.

## **ECERS 3: Language & Literacy**

**Event ID:137127**

**Wednesday 8/30/23 6:30-8:30 PM**

After a quick overview of the ECERS-3 (Early Childhood Environmental Rating Scale), we will dive into the Language & Literacy subscale to look at best practices and helpful tips for the PS & PK classroom.

Contact Tess Brady at [TBrady@CHSofNJ.org](mailto:TBrady@CHSofNJ.org) with any questions.

**Family Child Care Business Boot Camp      Event ID: 137097**  
**Session 2: Record Keeping**

**Wednesday, 9/6/23 6:30-8:30 PM      Part 1**

**Thursday, 9/7/23 6:30-8:30 PM      Part 2**

This 6-session series is just for FCC providers - based on the books by Tom Copeland – the guru of family child care business topics! This month's topic focuses on tracking expenses & best practices for record keeping for your business. You must attend part 1 & part 2 to receive credit.

**Strengthening Families: Parenting & Child Development**  
**Monday, 9/11/23 6:30-8:30 PM      Event ID: 136936**

The Strengthening Families series will help you learn more about how you can help your families raise happy healthy children that are ready for success. This session will help you share knowledge of basic child development in order to help families have realistic expectations of their children and use parenting techniques and strategies that are developmentally appropriate.

**Grow NJ Kids Info Session**  
**Thursday, 9/14/23 6:30-7:30 PM      Event ID: 135026**

Come find out what GNJK is all about, what's in it for your program, and how to sign up. Get ready to make your great program even better! Participation in GNJK is a requirement for some grants.

**Infant Toddler Supports Info Session**  
**Thursday, 9/14/23 7:30-8:30 PM      Event ID: 135027**

Are you an infant or toddler teacher? Are you a family child care provider or director of a program with children under 3? It is a tough time for teachers of our youngest learners – and we are here to help you with the classroom challenges you may be facing. We can provide resources and support with anything from room arrangement to scheduling, challenging behaviors to transitions & routines and more. Join us, tell us what you need and we'll work with you to create an individualized action plan and schedule an appointment to get started!

**Strengthening Families: Concrete Supports in Times of Need**  
**Monday, 9/18/23 6:30-8:30 PM      Event ID: 135029**

The Strengthening Families series will help you learn more about how you can help your families raise happy healthy children that are ready for success. Every family needs support at some time or another. In this session we'll discuss how we can help families find and access essential sources of help that in turn protect against stress.

**Celebrations in Childcare: Making them Healthy AND Fun!**  
**Wednesday 9/20/23 7:00-8:00 PM      Event ID:137116**

Celebrations are an important part of a child's social development. They are a fun way to mark special occasions, honor customs and culture, and children look forward to the change in routine. However, celebrations often include food & drinks that may not be

nutritious. With a few easy changes most food & drinks can support healthy eating & still be fun.

**Strengthening Families: Children's Social & Emotional Competence**  
**Monday, 9/25/23 6:30-8:30 PM** **Event ID: 135723**

Strengthening Families series will help you learn more about how you can help your families raise happy healthy children that are ready for success. This session focuses on strategies to help families understand the importance of helping children become more capable of handling life's challenges both socially and emotionally as they grow by teaching children how to recognize and regulate their emotions, establish and maintain relationships with others and engage in problem solving and conflict resolution.

**Director's Corner**  
**Thursday, 9/28/23 6:30-8:00 PM** **Event ID: 135025**

Share ideas with other directors and brainstorm what might work for you on different topics, and review the latest guidelines, info and updates.

Contact Tess Brady at [TBrady@CHSofNJ.org](mailto:TBrady@CHSofNJ.org) with any questions.





American  
Heart  
Association®

## Heartsaver® First Aid CPR AED

### **First Aid and CPR:**

First Aid & CPR is offered to Ocean County programs **IN PERSON** at our office monthly at the cost of \$60. If you are currently a licensed and registered FCC or FFN with our agency, there will be no charge for you, your substitute, and/or alternate provider. If you are in the process of becoming a licensed and registered FCC or FFN, it is required that you and your sub/alternate/assistant pay the \$60 **at the time of the training.** Should you complete the application process within 3 months of completing the CPR training, the money will be returned to you. If you fail to complete the application process, 3 months from the date of the training the money is forfeited and you will not receive the reimbursement. Please mail or drop off payment in advance to Chantele McAllister at: CHS of NJ 1433 Hooper Ave. Suite 340 Toms River, NJ 08753

**Thursday 7/13/23 5:30-8:30 PM**

**Thursday 8/17/23 5:30-8:30 PM**

Register for FA & CPR in NJCCIS, all sessions have the same event ID: **135111**



**CHS of NJ Training at A Glance Schedule July – September 2023**  
 Be sure to refer to the training calendar for complete information and event ID numbers.

| July 2023   |  |  |  |                                       |
|---|--|--|--|---------------------------------------|
| Monday  | Tuesday  | Wednesday  | Thursday   | Friday                                |
| <b>3</b>  | <b>4</b><br>CLOSED FOR<br>INDEPENDENCE DAY                           | <b>5</b>   | <b>6</b>   | <b>7</b>                              |
| <b>10</b><br>Outdoor Adventures<br>12:30 & 1:30<br>Conscious Discipline 1:00<br>B-3 Guidelines 6:30 | <b>11</b><br>Outdoor Adventures<br>12:30 & 1:30<br>Celebrations 7:00 | <b>12</b><br>Outdoor Adventures<br>12:30 & 1:30<br>GNJK Session 6:30<br>IT Supports 7:30 | <b>13</b><br>Outdoor Adventures<br>12:30 & 1:30<br>CDA Info Session 7:00     | <b>14</b>                             |
| <b>17</b><br>ITERS-Language 6:30  | <b>18</b>  | <b>19</b><br>Supporting DLL Part 1<br>6:00   | <b>20</b><br>Supporting DLL Part 2<br>6:00                                   | <b>21</b>                             |
| <b>24</b><br>Strengthening Families 6:30  | <b>25</b><br>PS Standards 7:00                                       | <b>26</b><br>CDA Info Session 7:00   | <b>27</b><br>Conscious Discipline<br>Overview 1:00<br>Director's Corner 6:30 | <b>28</b><br>CDA Info<br>Session 1:00 |
| <b>31</b><br>FCC Bootcamp 6:30  |  |  |  |                                       |

| <b>August 2023</b>  |  |  |   |           |
|---|--|--|---|-----------|
| Monday  | Tuesday  | Wednesday                              | Thursday  | Friday    |
|   | <b>1</b><br>Best School Year Part 1<br>7:00  | <b>2</b><br>FCC Bootcamp 6:30          | <b>3</b><br>Best School Year Part 2<br>7:00                                     | <b>4</b>  |
| <b>7</b><br>Strengthening Families 6:30                               | <b>8</b><br>Best School Year Part 3<br>7:00<br>GNJK Session 6:30<br>IT Supports 7:30 | <b>9</b>                               | <b>10</b>   | <b>11</b> |
| <b>14</b><br>CACFP 12:30<br>Conscious Discipline 7:00                 | <b>15</b><br>Health & Safety Pt 1 6:30   | <b>16</b><br>Health & Safety Pt 2 6:30 | <b>17</b><br>Conscious Discipline 7:00  | <b>18</b> |
| <b>21</b><br>Strengthening Families 6:30                              | <b>22</b><br>Health & Safety Pt 3 6:30   | <b>23</b><br>Health & Safety Pt 4 6:30 | <b>24</b><br>Director's Corner 6:30   | <b>25</b> |
| <b>28</b><br>Conscious Discipline 7:00                                | <b>29</b>  | <b>30</b><br>ECERS-Language 6:30       | 31<br>Conscious Discipline 7:00   |           |
| <b>September 2023</b>   |  |  |   |           |
| Monday  | Tuesday  | Wednesday                              | Thursday  | Friday    |
|   |  |  |   | <b>1</b>  |
| <b>4</b><br><b>CLOSED FOR<br/>LABOR DAY</b>                           | <b>5</b>   | <b>6</b><br>FCC Bootcamp 6:30          | <b>7</b><br>FCC Bootcamp 6:30   | <b>8</b>  |
| <b>11</b><br>Strengthening Families 6:30<br>Conscious Discipline 7:00 | <b>12</b>  | <b>13</b>                              | <b>14</b><br>GNJK Session 6:30<br>IT Supports 7:30<br>Conscious Discipline 7:00 | <b>15</b> |
| <b>18</b><br>Strengthening Families 6:30                              | <b>19</b>  | <b>20</b><br>Celebrations 7:00         | 21  | <b>22</b> |
| <b>25</b><br>Strengthening Families 6:30<br>Conscious Discipline 7:00 | <b>26</b>  | <b>27</b>                              | <b>28</b><br>Director's Corner 6:30<br>Conscious Discipline 7:00                | <b>29</b> |

**Be sure to refer to the training calendar for complete information and event ID numbers**

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**The workshops on this page are offered by our training partners. All are online via zoom. You must register at njccis.com in advance. Sessions may be canceled due to low enrollment.**

*To register, log into your NJCCIS account, click on "registry, then "find professional development", then scroll down and click on "add search criteria", click on "select field to search", choose "class ID" and type in the class ID provided. Scroll through to choose the date/time that works best for you.*

**Health Safety & Child Development & Mandated Reporting– CCDBG course**

Class ID: 104658 (English)      Class ID: 104659 (Spanish)

**Health, Safety and Child Development Refresher**

Class ID: 102953 (English)      Class ID: 103693 (Spanish)

**Dual Language Learners & Cultural Responsiveness**

Class ID: 97096 (English)      Class ID: 98388 (Spanish)

**NJ Birth to Three Learning Standards Overview**

Class ID: 97469 (English)      Class ID: 98874 (Spanish)

**NJ Preschool Teaching & Learning Standards Overview**

Class ID: 98873 (English)      Class ID: 101102 (Spanish)

**ASQ Developmental Screening Tool – Live Virtual**

Class ID: 102226 (English)      Class ID: 103038 (Spanish)

**ITERS-3 Online Overview**      Class ID: 96908

**ECERS-3 Online Overview**      Class ID: 88135

**FCCERS-3 Online Overview**      Class ID: 104624

**PAS Online Overview**      Class ID: 85640

**Evaluating & Supporting Early Childhood Educators**      Class ID: 102586

**Caring Staff/Child Relationships**      Class ID: 102158

**What is Infant Mental Health?**      Class ID: 85506

**Early Childhood Inclusion: Meeting the Needs of Children with Differing Abilities**      Class ID: 95124

**Early Childhood Inclusion: Specific Strategies**      Class ID: 96968

**Challenging Behavior: What it Means & What to Do**      Class ID: 85521

**Understanding Licensing Regulations**      Class ID: 103267

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**Accidents Do Not Need to Happen – Child Safety & Injury Prevention** Class ID: 97385

**Intentional Teaching for PS** Class ID: 102165

**Foundations of Developmentally Appropriate Practices** Class ID: 103694

**FCC: Developmentally Appropriate Practices** Class ID: 104546

**Math, Science & Art for Infants, Toddlers & 2s** Class ID: 102318

**Math, Science and Art for PS** Class ID: 102143

**Infants & Toddlers: Language & Books** Class ID:102531

**Infants & Toddlers: Challenging Behaviors** Class ID: 102163

**Planning Group Time for Diverse Learners** Class ID: 105045

**Afterschool 101: Foundations of Successful Afterschool Programming** Class ID: 102961

**Keeping Babies & Children in Mind Series:**

|   |                 |
|---|-----------------|
| Session 1 – Early Childhood Mental Health   | Class ID: 70422 |
| Session 2 – Understanding Development       | Class ID: 70423 |
| Session 3 – Understanding Behavior          | Class ID: 70424 |
| Session 4 – The Impact of Trauma & Loss     | Class ID: 70425 |
| Session 5 – The Importance of Relationships | Class ID: 70426 |
| Session 6 – The Importance of Culture       | Class ID: 70711 |
| Session 7 – Reflective Practice             | Class ID: 70427 |

**Pyramid Model Series:**

|   |                  |
|---|------------------|
| Module 1 Workshop 1: Forming Nurturing and Responsive Relationships             | Class ID:102187  |
| Module 1 Workshop 2: Sustaining Nurturing and Responsive Relationships          | Class ID: 102188 |
| Module 1 Workshop 3: Sustaining Relationships - Reducing Implicit Bias          | Class ID: 104448 |
| Module 1 Workshop 4: Supporting Relationships through High Quality Environments | Class ID: 102189 |
| Module 2 Workshop 5: Pyramid Model as a Framework for Teaching SE Skills        | Class ID: 105021 |
| Module 2 Workshop 6: Targeted Teaching of SE and Friendship Skills              | Class ID: 105022 |
| Module 2 Workshop 7: Co- & Self-Regulation, Coping & Partnering with Families   | Class ID: 105023 |
| Module 2 Workshop 8: Enhancing Emotional Regulation by Reducing Stressors       | Class ID: 105547 |

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