



SEPTEMBER

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2  LABOR DAY CENTER CLOSED	3	4  Arm & Arm Food Distribution	5	6	7 10:00-11:30 Our Class is a Family Read Aloud and Craft
9 10:00-2:00 NJ Family Care, WIC, & Pregnancy Testing 	10	11 5:30-7:00 PAB Meeting 	12	13	14 
16	17	18	19 2:00-4:00 Post Partum Group 5:30-7:00 People & Stories 	20	21 10:00-3:00 WIC FAIR
23 4:00-7:00 NJ Family Care	24 	25 10:30-12:00 Story and Craft 	26 5:30-7:00 Girl Scouts 5:30-7:00 People & Stories	27 	28 12:00-5:00 Hispanic Heritage Health Festival
30 5:30-7:00 Family Bingo Night 	<div style="background-color: #4CAF50; color: white; padding: 10px;"> <p>Protective Factor Healthy Social & Emotional Competence of Children: A child's ability to interact positively with others, self-regulate behavior and effectively communicate feelings has a positive impact on their relationships with family, other adults, and peers.</p> </div>				



SEPTEMBER ACTIVITIES

NJ Family Care Applications: Need help filling out the health insurance application? We can help!

Food Grab N GO: In Collaboration with Arm in Arm and on the first Wednesday of every month. Must register-contact HNFSC staff.

Panera Bread Distribution : FREE!!!! Every Tuesday we distribute bread and pastries provided by our generous sponsor PANERA BREAD!

Advocacy/Information and Referral: Families are always welcome at our center to receive information about our programs, services, and support. We advocate for a families and provide resources.

Family Bingo Night: Join us for a fun game night where families get to spend quality fun time together and win prizes.

Post Partum Group: This group is created for new mothers who need the support after giving birth and navigating this new reality.

Our Class is a Family Read Aloud and Craft: Join us for an interactive parent and child activity.

Home Energy Assistance: Need a help with Home Energy assistance, we can help online LIHEAP application.

Parent Advisory Board Meeting (PAB): Join us to build a strong, caring community for everyone! Focus group Parents-HNFSCN, Kidsbrige SEL , Trenton public school.

Story and Craft : Join us for a fun activity that is catered for children. Where they can do fun arts and crafts.

People & Stories: Join us for this fun interactive group where adults read short stories and discuss with each other what they learned from it.

Wic 50th Anniversary Fair: The Wic will be hosting a health fair to commemorate their 50th year anniversary and this will be available to the entire community.

Pregnancy Testing: FREE & CONFIDENTIAL pregnancy testing is offered at our center. By Maternal /Child Health Program,

Senior Food Box: Collaboration with Mercer Street Friends Program. Once a month senior receive non perishable food items. Must Register-contact with HNFSC staff

Girl Scouts: For girls ages 5 and up this group teaches them the importance of working together, and they enjoy their time making fun arts & crafts.

Hispanic Heritage Health Festival: The Boys & Girls Club will be fostering their Latino-Hispanic Heritage festival at 212 Centre St Trenton, NJ 08611.

Thank you to all our community friends for their support:



Don't forget follow us on Facebook and Instagram @Heritage North Family Success Center