

November 2024



CHS Mercer WIC Program



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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<p>CHS Mercer WIC Program Located at 1440 Parkside Ave Trenton, NJ 08638</p>	<p>Redeem Farmer's Market May 1st thru Nov 30th</p>	<p>Visit Local Farm</p>	<p>NATIONAL DIABETES MONTH Maintain healthy weight, Stay physically active, Eat balance diet, Avoid Sugary foods and beverages Manage Stress, Get enough sleep, Get regular checkups</p>		<p>Parkside WIC Clinic 8:30 AM - 4:30 PM</p>	<p>CHS S. Clinton Ave WIC 8:30 AM - 4:30 PM</p>
3	4	5	6	7	8	9
<p>myplate.gov</p>	<p>Parkside WIC Clinic 8:30 AM - 5:00 PM</p> <p>Mobile -HJA Ewing St. 9:00 AM - 3:00 PM</p>	<p>Parkside WIC Clinic 8:00 AM - 4:30 PM</p> <p>Mobile -Capital Health OB 10:00 AM - 12:00 PM</p>	<p>Parkside WIC Clinic 10:30 AM - 7:00 PM</p> <p>Mobile-Shapiro Head Start 2:00 PM - 4:30 PM</p>	<p>Parkside WIC Clinic 8:30 AM - 5:00 PM</p> <p>Mobile -HJA Warren St 9:00 AM - 3:00 PM</p>	<p>Parkside WIC Clinic 8:30 AM - 4:30 PM</p> <p>Princeton WIC 8:30 AM - 4:30 PM</p>	<p>Hightstown WIC 8:30 AM - 4:30 PM</p>
10	11	12	13	14	15	16
<p>Look for "WOW" WIC ON WHEELS in your neighborhood</p>	<p>VETERANS DAY</p> <p>Office Closed</p>	<p>Parkside WIC Clinic 8:00 AM - 4:30 PM</p> <p>Mobile -Home Front 11:30 AM - 1:30 PM</p>	<p>Parkside WIC Clinic 10:30 AM - 7:00 PM</p> <p>Kinder Smile visit 1:00 AM - 4:00 PM</p>	<p>Parkside WIC Clinic 8:30 AM - 5:00 PM</p> <p>Task - Nexus 11:00 AM - 1:00 PM</p>	<p>Parkside WIC Clinic 8:30 AM - 4:30 PM</p> <p>Hamilton WIC 8:30 AM - 4:30 PM</p>	<p>Hightstown WIC 8:30 AM - 4:30 PM</p>
17	18	19	20	21	22	23
<p>Fruits makes a great snack!</p>	<p>Parkside WIC Clinic 8:30 AM - 5:00 PM</p> <p>Mobile -HJA Ewing St. 9:00 AM - 3:00 PM</p>	<p>Parkside WIC Clinic 8:00 AM - 4:30 PM</p> <p>Mobile -Capital Health OB 10:00 AM - 12:00 PM</p>	<p>Parkside WIC Clinic 10:30 AM - 7:00 PM</p> <p>Mobile -Home Front 1:30 PM - 3:30 PM</p>	<p>Parkside WIC Clinic 8:30 AM - 5:00 PM</p> <p>Hightstown WIC 8:30 AM - 4:30 PM</p> <p>Mobile -HJA Warren St 9:00 AM - 3:00 PM</p>	<p>Parkside WIC Clinic 8:30 AM - 4:30 PM</p>	<p>Parkside WIC Clinic 8:30 AM - 4:30 PM</p> <p>Enjoy the ride!</p>
24	25	26	27	28	29	30
<p>Set up your account Today!</p> <p>Participant Portal</p>	<p>Parkside WIC Clinic 8:30 AM - 5:00 PM</p> <p>Task - Nexus 11:00 AM - 1:00 PM</p> <p>Kinder Smile visit 2:00 AM - 5:00 PM</p>	<p>Parkside WIC Clinic 8:00 AM - 4:30 PM</p> <p>Mobile Home Front 11:30 AM - 1:30 PM</p>	<p>Parkside WIC Clinic 10:30 AM - 7:00 PM</p> <p>Have a salad!</p>	<p>HAPPY Thanksgiving!</p> <p>Office Closed</p>	<p>Last Day FOR FARMERS MARKET</p>	

This is an equal opportunity provider.

This calendar is subject to change, with or without advance notice

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