



# November



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**Protective Factor**

Knowledge of Parenting & Child Development: Information about child development and appropriate expectations for children's behavior help parents see children in a positive light and promotes healthy development.

1

2

10:00-12:00  
Fall Celebration



4

10:00-2:00  
NJ Family Care, WIC,  
& Pregnancy Testing



5

9:30  
Panera Bread  
Distribution

6

Arm & Arm Food  
Distribution

7



8

9

11

CLOSED



12

9:30  
Panera Bread  
Distribution



13

5:00-6:30  
PAB  
Thanksgiving  
Celebration



14

5:00-6:30  
Girl Scouts  
5:30-7:00  
People & Stories



15

16

18

19

9:30  
Panera Bread  
Distribution



20

5:00-6:30  
Women's Support Group  
5:00-6:30  
Lego Club



21

2:00-4:00  
Post Partum  
Group

22

5:00-6:30  
Family  
Thanksgiving  
Celebration



23

25



26

9:30  
Panera Bread  
Distribution

27

28

CLOSED

Happy  
Thanksgiving

29

CENTER  
CLOSED

30



609.393.2980  
Agata (ext.24), Zhanna (ext. 15)  
Jeanelle (ext. 10)



Heritage North Family  
Success Center



1554 Princeton Ave  
Trenton, NJ 08638  
**Open Hours:** Monday-  
Friday 9am-5pm  
Thursday: 9am-7pm

**We Speak:** English, Spanish, Polish, and Russian

**Free Services for all**

# November Activities

**NJ Family Care Applications:** Need help filling out the health insurance application? We can help!

**Food Grab N GO:** In Collaboration with Arm in Arm and on the first Wednesday of every month. Must register-contact HNFSC staff.

**Panera Bread Distribution :** FREE!!!!  
Every Tuesday we distribute bread and pastries provided by our generous sponsor PANERA BREAD!

**Advocacy/Information and Referral:**  
Families are always welcome at our center to receive information about our programs, services, and support. We advocate for a families and provide resources.

**Women's Support Group:** Join us for a supportive group where you all are able to share your stories and relate to other women like you.

**Fall Celebration:** Join us for a parent and child celebration where families can enjoy arts and crafts.

**Home Energy Assistance:** Need a help with Home Energy assistance, we can help online LIHEAP application.

**Parent Advisory Board Meeting (PAB):** Join us to build a strong, caring community for everyone! Focus group Parents-HNFSCN, Kidsbrige SEL , Trenton public school.

**People & Stories:** Join us for this fun interactive group where adults read short stories and discuss with each other what they learned from it.

**Lego Club:** Join us for an interactive group where children can use their creativity to build a lego set.

**Family Thanksgiving Celebration:**  
Join us as we celebrate all of the wonderful families that visit the center.

**Pregnancy Testing:** FREE & CONFIDENTIAL pregnancy testing is offered at our center. By Maternal /Child Health Program,

**Senior Food Box:** Collaboration with Mercer Street Friends Program. Once a month senior receive non perishable food items. Must Register-contact with HNFSC staff

**Girl Scouts:** For girls ages 5 and up this group teaches them the importance of working together, and they enjoy their time making fun arts & crafts.

**Post Partum Group:** Join us for a supportive group where you can learn to navigate this new reality.

Thank you to all our community friends for their support:



Don't forget follow us on Facebook and Instagram @Heritage North Family Success Center