



February



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>Protective Factor Parental Resilience: A parent's ability to manage all types of challenged & find ways to solve problems, build and sustain trusting relationships including relationships with their children.</p>						1
3	4 9:30 Panera Bread Distribution	5 Arm & Arm Food Distribution	6 Balloons	7 5:00-6:30 Parent Leadership Celebration	8 LOVE	
10 10:00-1:00 WIC 11:00-12:30 Senior Bingo	11 9:30 Panera Bread Distribution	12 5:00-6:30 PAB	13 2:00-4:00 Post Partum Group 5:00-6:30 Girl Scouts	14 Happy Valentine's Day	15	
17 CLOSED Happy Presidents Day	18 9:30 Panera Bread Distribution	19 5:00-6:30 Women's Support Group 5:30-7:00 Lego Club	20 Bouquet	21	22 Heart	
24 4:00-7:00 NJ Family Care & Pregnancy Testing	25 9:30 Panera Bread Distribution	26 Birds	27 5:00-6:30 Girl Scouts	28 Love Coupon		

February Activities

NJ Family Care Applications: Need help filling out the health insurance application? We can help!

Food Grab N GO: In Collaboration with Arm in Arm and on the first Wednesday of every month. Must register-contact HNFSC staff.

Panera Bread Distribution : FREE!!!!
Every Tuesday we distribute bread and pastries provided by our generous sponsor PANERA BREAD!

Advocacy/Information and Referral:
Families are always welcome at our center to receive information about our programs, services, and support. We advocate for a families and provide resources.

Women's Support Group: Join us for the women's support group where you can share your experiences and learn from others.

Home Energy Assistance: Need a help with Home Energy assistance, we can help online LIHEAP application.

Parent Advisory Board Meeting (PAB): Join us to build a strong, caring community for everyone! Focus group Parents-HNFSCN, Kidsbrige SEL , Trenton public school.

Lego Club: Join us for a fun interactive group where children can create fun pieces with legos.

Senior Bingo: Join us for BINGO! Prizes will be included.

Parent Leadership Celebration: Join us for a small party to celebrate parental contributions and interactive activities where children can create heartfelt crafts to show appreciation to their parents.

Pregnancy Testing: FREE & CONFIDENTIAL pregnancy testing is offered at our center. By Maternal /Child Health Program,

Senior Food Box: Collaboration with Mercer Street Friends Program. Once a month senior receive non perishable food items. Must Register-contact with HNFSC staff

Girl Scouts: For girls ages 5 and up this group teaches them the importance of working together, and they enjoy their time making fun arts & crafts.

Post Partum Group: Join us for an informative session on how to navigate post partum.

Thank you to all our community friends for their support:



Don't forget follow us on Facebook and Instagram @Heritage North Family Success Center