

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Protective Factor

Knowledge of Parenting & Child Development: Information about child development and appropriate expectations for children's behavior help parents see children in a positive light and promotes healthy development.

3



10:00-2:00
 NJ Family Care,
 WIC, & Pregnancy
 Testing

4

9:30
 Panera Bread
 Distribution



11

9:30
 Panera Bread
 Distribution

5

Arm & Arm Food
 Distribution



12

5:00-6:30
 PAB



6

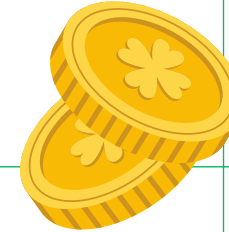
4:30-6:00
 International
 Women's Craft

13

5:00-6:30
 Girl Scouts



7



14

17



18

9:30
 Panera Bread
 Distribution



19

5:00-6:30
 Women's Support Group



5:30-7:00
 Lego Club

20

2:00-4:00
 Post Partum
 Group

27

5:00-6:30
 Girl Scouts

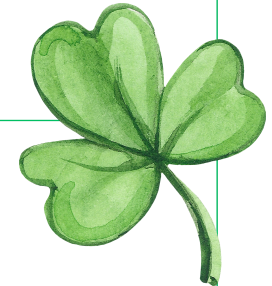
21

11:00-12:30
 Senior Bingo

28



22



29

March Activities

NJ Family Care Applications: Need help filling out the health insurance application? We can help!

Food Grab N GO: In Collaboration with Arm in Arm and on the first Wednesday of every month. Must register-contact HNFSC staff.

Panera Bread Distribution : FREE!!!!
Every Tuesday we distribute bread and pastries provided by our generous sponsor PANERA BREAD!

Advocacy/Information and Referral:
Families are always welcome at our center to receive information about our programs, services, and support. We advocate for a families and provide resources.

Women's Support Group: Join us for a supportive group where you all are able to share your stories and relate to other women like you.

Senior Bingo: Join us for a fun bingo game where winners will receive a prize.

Home Energy Assistance: Need a help with Home Energy assistance, we can help online LIHEAP application.

Parent Advisory Board Meeting (PAB): Join us to build a strong, caring community for everyone! Focus group Parents-HNFSCN, Kidsbrige SEL , Trenton public school.

Lego Club: Join us for an interactive group where children can use their creativity to build a lego set.

International Women's Craft: During this activities children will be able to create a nice thoughtful craft for their mothers.

Pregnancy Testing: FREE & CONFIDENTIAL pregnancy testing is offered at our center. By Maternal /Child Health Program,

Senior Food Box: Collaboration with Mercer Street Friends Program. Once a month senior receive non perishable food items. Must Register-contact with HNFSC staff

Girl Scouts: For girls ages 5 and up this group teaches them the importance of working together, and they enjoy their time making fun arts & crafts.

Post Partum Group: Join us for a supportive group where you can learn to navigate this new reality.

Thank you to all our community friends for their support:



Don't forget follow us on Facebook and Instagram @Heritage North Family Success Center