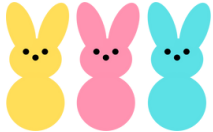

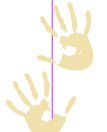











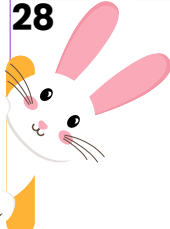



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Arm & Arm Food Distribution 	3	4 5:00-6:30 Child Abuse Prevention 	5 
7	8 10:00 Panera Bread Distribution	9 	10 5:00-6:30 Girl Scouts	11 4:00-4:45 Karate Class 	12 2:00-4:00 Daddy+Me Craft Shop 
14 10:00-2:00 NJ Family Care, WIC, & Pregnancy Testing 	15 10:00 Panera Bread Distribution	16 10:00-12:00 Hopeful Living Farm 5:00-6:30 WSG Baking Course 	17	18 Good Friday CENTER CLOSED	19 HAPPY EASTER
21 	22  10:00-11:30 Mommy+Me	23 	24 5:00-6:30 Girl Scouts 	25  4:00-4:45 Karate Class	26
28 	29 10:00 Panera Bread Distribution 	30 3:00-4:00 Reading Club	Protective Factor Knowledge of Parenting & Child Development: Information about child development and appropriate expectations for children's behavior help parents see children in a positive light and promotes healthy development.		

April Activities

NJ Family Care Applications: Need help filling out the health insurance application? We can help!

Food Grab N GO: In Collaboration with Arm in Arm and on the first Wednesday of every month. Must register-contact HNFSC staff.

Panera Bread Distribution : FREE!!!! Every Tuesday we distribute bread and pastries provided by our generous sponsor PANERA BREAD!

Advocacy/Information and Referral: Families are always welcome at our center to receive information about our programs, services, and support. We advocate for a families and provide resources.

Reading Club: Join us at the end of every month with your completed reading log to earn a spot on our star reader of the month board.

Home Energy Assistance: Need a help with Home Energy assistance, we can help online LIHEAP application.

Mommy & Me: Join us for a group where we will engage families in a enriching activity.

Women's Support Group Baking Course: Join us for a supportive group where you all are able to share your stories and relate to other women like you while learning how to bake.

Karate Class: Join us for an introductory class on Karate.

Child Abuse Prevention Activity: Join us to spread awareness on child abuse.

Pregnancy Testing: FREE & CONFIDENTIAL pregnancy testing is offered at our center. By Maternal /Child Health Program,

Senior Food Box: Collaboration with Mercer Street Friends Program. Once a month senior receive non perishable food items. Must Register-contact with HNFSC staff

Girl Scouts: For girls ages 5 and up this group teaches them the importance of working together, and they enjoy their time making fun arts & crafts.

Hopefull Living Farm: Join us on a trip to a local farm where you can interact with nature and animals.

Daddy + Me Craft Shop: Join us for a fun group for fathers and children where they can use their talents to create something.

Thank you to all our community friends for their support:



Don't forget follow us on Facebook and Instagram @Heritage North Family Success Center