





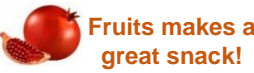






March

CHS Mercer WIC Program



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						1	
Women`s History Month We honor & celebrate women`s remarkable achievements. First celebration in US. In 1909		<i>National Nutrition Month</i> <i>Food Connects Us</i>				CHS S. Clinton Ave WIC 8:30 AM – 4:30 PM	
2	3	4	5	6	7	8	
	Parkside WIC Clinic 8:30 AM - 5:00 PM ----- Mobile -HJA Ewing St. 9:00 AM - 3:00 PM 	Parkside WIC Clinic 8:00 AM - 4:30 PM ----- Mobile -Capital Health OB 10:00 AM - 12:00 PM 	Parkside WIC Clinic 10:30 AM - 7:00 PM ----- Shapiro/ Head start 2:00 AM - 4:30 PM 	Parkside WIC Clinic 8:30 AM - 5:00 PM ----- Mobile -HJA Warren St 9:00 AM - 3:00 PM 	Parkside WIC Clinic 8:30 AM - 4:30 PM ----- Hamilton WIC 8:30 AM - 4:30 PM		
9	10	11	12	13	14	15	
Nutrition`s Month focuses the importance of making informed food choices, developments sound eating and physical activity habits.	Parkside WIC Clinic 8:30 AM - 5:00 PM ----- Mobile –Northward FSC 10:00 AM - 2:00 PM 	Parkside WIC Clinic 8:00 AM - 4:30 PM ----- Mobile -Home Front 1:30 PM – 3:30 PM 	Parkside WIC Clinic 10:30 AM – 7:00 PM	Parkside WIC Clinic 8:30 AM - 5:00 PM ----- Hightstown WIC 9:00 AM – 5:00 PM Mobile-Task / Nexus 11:00 AM - 1:00 PM 		Parkside WIC Clinic 8:30 AM - 4:30 PM ----- Parkside WIC Clinic 8:30 AM - 4:30 PM	
16	17	18	19	20	21	22	
Each gram of protein is 4 calories, each gram of carbs. is 4 calories, each gram of fat is 9 calories. 	Parkside WIC Clinic 8:30 AM - 5:00 PM ----- Mobile -HJA Ewing St. 9:00 AM - 3:00 PM  St. Patrick`s Day	Parkside WIC Clinic 8:00 AM - 4:30 PM ----- Mobile -Capital Health OB 10:00 AM - 12:00 PM 	Parkside WIC Clinic 8:30 AM - 5:00 PM ----- Mobile Home Front 11:30 AM - 1:30 PM 	Parkside WIC Clinic 8:30 AM - 5:00 PM Hightstown WIC 10:30 AM – 6:30 PM Mobile -HJA Warren St 9:00 AM - 3:00 PM 	Parkside WIC Clinic 8:30 AM - 4:30 PM ----- Princeton WIC 8:30 AM - 4:30 PM	Look for "WOW" WIC ON WHEELS in your neighborhood	
23	24	25	26	27	28		
Download WIC Shopper 	Parkside WIC Clinic 8:30 AM - 5:00 PM ----- Mobile-Task / Nexus 11:00 AM - 1:00 PM	Parkside WIC Clinic 8:00 AM - 4:30 PM ----- Mobile -Home Front 1:30 PM – 3:30 PM 	Parkside WIC Clinic 10:30 AM – 7:00 PM	Parkside WIC Clinic 8:30 AM - 5:00 PM Hightstown WIC 8:30 AM - 5:00 PM Bellevue Peds. 9:00 AM - 3:00 PM 	Parkside WIC Clinic 8:30 AM - 4:30 PM Hamilton WIC 8:30 AM - 4:30 PM	When women dream, the impossible seems less extreme. 	

This is an equal opportunity provider.

This calendar is subject to change, with or without advance notice