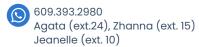






Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
about child developme	ng & Child Development: Info ent and appropriate expectation Ip parents see children in a p althy development.	ons for		7:00-4:00 Farm Summer Camp	Open by appoinment
7:00-4:00 Farm Summer Camp	5 2:00 Panera Bread Distribution 7:00-4:00 Farm Summer Camp	6 Arm & Arm Food Distribution 7:00-4:00 Farm Summer Camp	7:00-4:00 Farm Summer Camp	7:00-4:00 Farm Summer Camp	9
10:00-2:00 NJ Family Care at NWFSC 10:00-2:00 WIC & Pregnancy Testing	2:00 Panera Bread Distribution	13 5:00-6:30 Creative Creatures 5:00-6:30 Women's Support Group	14	5:00-6:30 Girl Scouts	16
18	19 2:00 Panera Bread Distribution 11:00-12:30 Mommy + Me	20 Reach ≯	21 11:00-1:00 Post Partum Group	22	Open by appoinment
25	2:00 Panera Bread Distribution	27 3:00-4:00 Reading Club	28	5:00-6:30 Girl Scouts	30









August Activities



NJ Family Care Applications: Need help filling out the health insurance application? We can help! (635 South Clinton Ave Trenton, NJ 08611)

Food Grab N GO: In Collaboration with Arm in Arm and on the first Wednesday of every month. Must register-contact HNFSC staff.

<u>Panera Bread Distribution:</u> FREE!!!!! Every Tuesday we distribute bread and pastries provided by our generous sponsor PANERA BREAD!

Advocacy/Information and Referral:

Families are always welcome at our center to receive information about our programs, services, and support. We advocate for a families and provide resources.

Reading Club: Join us at the end of every month with your completed reading log to earn a spot on our star reader of the month board.

Home Energy Assistance: Need a help with Home Energy assistance, we can help online LIHEAP application.

Mommy & Me: Join us for a group where we will engage families in an enriching activity.

Farm Summer Camp: This outdoors summer camp will eqiup children with valuable lessons that they can utilize in their everyday life, as they also explore nature.

<u>Creative Creatures:</u> Join us for a fun arts and craft activity

<u>Pregnancy Testing:</u> FREE & CONFIDENTIAL pregnancy testing is offered at our center. By Maternal /Child Health Program,

Senior Food Box: Collaboration with Mercer Street Friends Program. Once a month senior receive non perishable food items. Must Register-contact with HNFSC staff

Girl Scouts: For girls ages 5 and up this group teaches them the importance of working together, and they enjoy their time making fun arts & crafts.

Women's Support Group: This group is led by our very own PAB member who is a professional and licesned psychologist. She challenes participants and leads them through complex conversations.

Thank you to all our community friends for their support:















Don't forget follow us on Facebook and Instagram @Heritage North Family Success Center