



**PARTICIPANTS WILL  
RECEIVE A  
\$25 GIFT CARD FOR  
COMPLETING ALL  
SESSIONS.**



# TEEN SPEAK

## EVERY CONVERSATION MATTERS

### ABOUT THIS WORKSHOP

*Teen Speak* teaches the skills necessary to open the lines of communication between parents/caregivers and their teens focusing on topics such as sex, mental health, and substance use.

Learn how to create a healthy, loving environment that fosters growth to help your teen make safer, more informed decisions as they continue into adulthood.

To register, scan the QR code or contact:

Jessica Hinton - [jhinton@chsofnj.org](mailto:jhinton@chsofnj.org)  
609-940-9929  
or

Santos Astacio - [sastacio@chsofnj.org](mailto:sastacio@chsofnj.org)  
609-358-2436



**REGISTER NOW**

<https://forms.gle/stfGratLx1cCABaW6>

### DATE, TIME, LOCATION

**Session 1** (In-Person) : Tuesday, July 29th, from 5:30–6:30 PM  
(101 Prosper Way, unit 10, Brick NJ, 08732)

**Session 2** (Virtual via Zoom): Tuesday, August 5th, from 5:30–7:00pm

**Session 3** (Virtual via Zoom): Tuesday, August 12th, from 5:30–7:00pm

This workshop is designed for parents, caregivers, and guardians of Ocean County, NJ



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