

Monday













Tuesday

Wednesday

Thursday

Friday

Saturday

1  LABOR DAY CENTER CLOSED	2 2:00 Panera Bread Distribution	3 	4 5:00-6:30 Back to School 	5	6 Open by appointment
8	9 2:00 Panera Bread Distribution 	10 Arm & Arm Food Distribution 	11 	12 5:00-6:30 Girl Scouts	13 
15 10:00-2:00 NJ Family Care at SWFSC 10:00-2:00 WIC & Pregnancy Testing 	16  2:00 Panera Bread Distribution	17 5:00-6:30 Creative Creatures 5:00-6:30 Women's Support Group	18	19 	20
22  hello FALL	23 2:00 Panera Bread Distribution 11:00-12:30 Mommy + Me	24	25 11:00-1:00 Post Partum Group	26 5:00-6:30 Girl Scouts 5:00-6:30 Gather + Create	27 Open by appointment
29 	30 2:00 Panera Bread Distribution 3:00-4:00 Reading Club	<div> Protective Factor Knowledge of Parenting & Child Development: Information about child development and appropriate expectations for children's behavior help parents see children in a positive light and promotes healthy development. </div>			

September Activities

NJ Family Care Applications: Need help filling out the health insurance application? We can help!
(635 South Clinton Ave Trenton, NJ 08611)

Food Grab N GO: In Collaboration with Arm in Arm and on the first Wednesday of every month. Must register-contact HNFSC staff.

Panera Bread Distribution : FREE!!!!
Every Tuesday we distribute bread and pastries provided by our generous sponsor PANERA BREAD!

Advocacy/Information and Referral:
Families are always welcome at our center to receive information about our programs, services, and support. We advocate for a families and provide resources.

Reading Club: Join us at the end of every month with your completed reading log to earn a spot on our star reader of the month board.

WIC Applications: We can assist with your WIC application and answer any questions you may have about your account, from eligibility and required documentation to benefit balances and approved foods.

Mommy & Me: Step into our lively mommy-and-me group where you and your little one will sing, dance, and play your way through learning shapes, colors, and numbers while exploring a variety of enriching activities.

Creative Creatures: Step into a world of imagination and creativity at our arts and crafts group, where children can explore various mediums and unleash their inner artists.

Gather + Create: This interactive group allows adult participants to dig into their artistry talents and engage with others.

Post Partum Group: In this postpartum support group, new mothers learn essential skills for navigating the challenges of motherhood while connecting with others who understand their journey.

Pregnancy Testing: FREE & CONFIDENTIAL pregnancy testing is offered at our center. By Maternal /Child Health Program,

Senior Food Box: Collaboration with Mercer Street Friends Program. Once a month senior receive non perishable food items. Must Register-contact with HNFSC staff

Girl Scouts: For girls ages 5 and up this group teaches them the importance of working together, and they enjoy their time making fun arts & crafts.

Women's Support Group: This group is led by our very own PAB member who is a professional and licesned psychologist. She challenes participants and leads them through complex conversations.

Back to School: Welcome your child to a fun back-to-school group where they'll learn how to get back into the routine of school!

Thank you to all our community friends for their support:



Don't forget follow us on Facebook and Instagram @Heritage North Family Success Center