



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

<b>2</b>  	<b>3</b> 2:00 Panera Bread Distribution  11:00-1:00 Playroom Open	<b>4</b>  Arm & Arm Food Distribution  	<b>5</b>  	<b>6</b>  5:00-7:00 Girl Scouts	<b>7</b>  
<b>9</b> 10:00-2:00 NJ Family Care WIC & Pregnancy Testing  	<b>10</b> 2:00 Panera Bread Distribution  11:00-1:00 Playroom Open  	<b>11</b> 4:30-6:00 Parent Leadership Celebration 6:00-7:00 Valentine's Day Crafts	<b>12</b>  	<b>13</b>  	<b>14</b>  Happy Valentine's Day 
<b>16</b>  <b>PRESIDENT DAY</b>  CENTER CLOSED	<b>17</b> 2:00 Panera Bread Distribution  11:00-1:00 Playroom Open	<b>18</b> 4:30-6:00 Women's Support Group 6:00-7:00 Creative Creatures (BHM)  	<b>19</b>  	<b>20</b>  5:30-7:00 Goodbye Winter	<b>21</b>  Open by appointment
<b>23</b>  	<b>24</b> 2:00 Panera Bread Distribution  11:00-12:30 Mommy + Me	<b>25</b>  	<b>26</b>  	<b>27</b>  3:00-4:30 Reading Club	<b>28</b>  
<b>Protective Factor</b> Knowledge of Parenting & Child Development: Information about child development and appropriate expectations for children's behavior help parents see children in a positive light and promotes healthy development.					

609.393.2980  
Agata (ext.24), Zhanna (ext.15)  
Jeanelle (ext.10)

Heritage North Family  
Success Center  
**Open Hours:** Monday-  
Friday 9am-5pm  
Thursday: 9am-7pm

1554 Princeton Ave  
Trenton, NJ 08638

**We Speak:** English, Spanish, Polish, and Russian **Free Services**  
**for all**  
Open weekends by appointment **ONLY**

# February Activities

**NJ Family Care Applications:** Need help filling out the health insurance application? We can help!  
(635 South Clinton Ave Trenton, NJ 08611)

**Food Grab N GO:** In Collaboration with Arm in Arm and on the first Wednesday of every month. Must register-contact HNFSC staff.

**Panera Bread Distribution :** FREE!!!!  
Every Tuesday we distribute bread and pastries provided by our generous sponsor PANERA BREAD!

**Advocacy/Information and Referral:**  
Families are always welcome at our center to receive information about our programs, services, and support. We advocate for a families and provide resources.

**Reading Club:** Join us at the end of every month with your completed reading log to earn a spot on our star reader of the month board.

**Goodbye Winter:** Based on Slavic traditions that symbolically welcome the end of winter and the arrival of spring. Participants will learn about the celebration and take part in a simple, fun activity similar to Groundhog Day that focuses on renewal, seasonal change, and community.

**Creative Creatures:** Step into a world of imagination and creativity at our arts and crafts group, where children can explore various mediums and unleash their inner artists.

**Playroom Open:** Come enjoy a welcoming space where kids can play, explore, and have fun while adults relax, connect, and chat nearby. The playroom is open for free play, creativity, and community . A perfect spot to spend some quality time together.

**Valentine's Day Craft:** A fun, parent/child friendly Valentine's Day craft group where families can create handmade cards, gifts, and festive decorations using colorful materials.

**WIC Applications:** We can assist with your WIC application and answer any questions you may have about your account, from eligibility and required documentation to benefit balances and approved foods.

**Pregnancy Testing:** FREE & CONFIDENTIAL pregnancy testing is offered at our center. By Maternal /Child Health Program,

**Senior Food Box:** Collaboration with Mercer Street Friends Program. Once a month senior receive non perishable food items. Must Register-contact with HNFSC staff

**Girl Scouts:** For girls ages 5 and up this group teaches them the importance of working together, and they enjoy their time making fun arts & crafts.

**Women's Support Group:** This group is led by our very own PAB member who is a professional and licensed psychologist. She challenges participants and leads them through complex conversations.

**Parent Leadership Celebration:**  
This parent leadership celebration activity that honors and uplifts parents for their leadership, dedication, and positive impact on their families and community.

**Thank you to all our community friends for their support:**



**Don't forget follow us on Facebook and Instagram @Heritage North Family Success Center**