

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

2	3 2:00 Panera Bread Distribution 11:00-1:00 Playroom Open	4 Arm & Arm Food Distribution	5 	6 5:00-7:00 Girl Scouts	7 
 9 10:00-2:00 NJ Family Care WIC & Pregnancy Testing	10 2:00 Panera Bread Distribution 11:00-1:00 Playroom Open	11 4:30-6:00 Parent Leadership Celebration 6:00-7:00 Valentine's Day Crafts	12 	13	14 <i>Happy Valentine's Day</i>
 16 CENTER CLOSED	17 2:00 Panera Bread Distribution 11:00-1:00 Playroom Open	18 4:30-6:00 Women's Support Group 6:00-7:00 Creative Creatures (BHM)	19	20 5:30-7:00 Goodbye Winter	21 Open by appointment
 23	24 2:00 Panera Bread Distribution 11:00-12:30 Mommy + Me	25	26 	27 3:00-4:30 Reading Club	28 
<p>Protective Factor Knowledge of Parenting & Child Development: Information about child development and appropriate expectations for children's behavior help parents see children in a positive light and promotes healthy development.</p>				<p>We Speak: English, Spanish, Polish, and Russian Free Services Open weekends by appointment ONLY</p>	



609.393.2980
Agata (ext.24), Zhanna (ext. 15)
Jeanelle (ext. 10)

f Heritage North Family
Success Center
Open Hours: Monday-
Friday 9am-5pm
Thursday: 9am-7pm

1554 Princeton Ave
Trenton, NJ 08638

We Speak: English, Spanish, Polish, and Russian **Free Services**
Open weekends by appointment **ONLY**

February Activities

NJ Family Care Applications: Need help filling out the health insurance application? We can help! (635 South Clinton Ave Trenton, NJ 08611)

Food Grab N GO: In Collaboration with Arm in Arm and on the first Wednesday of every month. Must register-contact HNFSC staff.

Panera Bread Distribution: FREE!!!! Every Tuesday we distribute bread and pastries provided by our generous sponsor PANERA BREAD!

Advocacy/Information and Referral: Families are always welcome at our center to receive information about our programs, services, and support. We advocate for families and provide resources.

Reading Club: Join us at the end of every month with your completed reading log to earn a spot on our star reader of the month board.

Goodbye Winter: Based on Slavic traditions that symbolically welcome the end of winter and the arrival of spring. Participants will learn about the celebration and take part in a simple, fun activity similar to Groundhog Day that focuses on renewal, seasonal change, and community.

Creative Creatures: Step into a world of imagination and creativity at our arts and crafts group, where children can explore various mediums and unleash their inner artists.

Playroom Open: Come enjoy a welcoming space where kids can play, explore, and have fun while adults relax, connect, and chat nearby. The playroom is open for free play, creativity, and community. A perfect spot to spend some quality time together.

Valentine's Day Craft: A fun, parent/child friendly Valentine's Day craft group where families can create handmade cards, gifts, and festive decorations using colorful materials.

WIC Applications: We can assist with your WIC application and answer any questions you may have about your account, from eligibility and required documentation to benefit balances and approved foods.

Pregnancy Testing: FREE & CONFIDENTIAL pregnancy testing is offered at our center. By Maternal /Child Health Program,

Senior Food Box: Collaboration with Mercer Street Friends Program. Once a month senior receive non perishable food items. Must Register-contact with HNFSC staff

Girl Scouts: For girls ages 5 and up this group teaches them the importance of working together, and they enjoy their time making fun arts & crafts.

Women's Support Group: This group is led by our very own PAB member who is a professional and licensed psychologist. She challenges participants and leads them through complex conversations.

Parent Leadership Celebration: This parent leadership celebration activity that honors and uplifts parents for their leadership, dedication, and positive impact on their families and community.

Thank you to all our community friends for their support:



Don't forget follow us on Facebook and Instagram @Heritage North Family Success Center