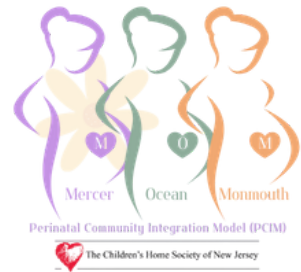


APRIL 2026

Perinatal Community Integration Model/Maternal Child Health
Monmouth & Ocean County



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 FREE PREGNANCY TESTS			1 Body & Soul 10:30am-1:30pm Food Donations 11:00am-4:00pm Pregnancy Testing 1:00pm-5:00pm	2 CUNA 10:30am-1:30pm	3 Good Friday 	4
5 	6 Body & Soul 11:00am-1:30pm Pregnancy Testing 11:00am-4:00pm	7 CUNA 10:30am-1:30pm	8 Body & Soul 10:30am-1:30pm Food Donations 11:00am-4:00pm CAPA Family Fun Night 5:00pm-7:00pm Nurturing Nest 5:30pm-7:00pm 	9 CUNA 10:30am-1:30pm	10	11 
12 Happy Easter 	13 Body & Soul 11:00am-1:30pm Pregnancy Testing 11:00am-4:00pm	14 CUNA 10:30am-1:30pm	15 Body & Soul 10:30am-1:30pm Pregnancy Testing 1:00pm-5:00pm Food Donations 11:00am-4:00pm	16 CUNA 10:30am-1:30pm	17 	18
19	20 Pregnancy Testing 11:00am-4:00pm Body & Soul Baby Shower 12:00pm-3:00pm	21 CUNA Baby Shower 11:00am-1:30pm 	22 Food Donations 11:00am-4:00pm Pregnancy Testing 1:00pm-5:00pm Nurturing Nest 5:30pm-7:00pm	23	24	25 Plugged In Powered Up 2:00pm-6:00pm
26 	27	28 Nurturing Nest 2:30pm-3:30pm 	29	30	Black Maternal Health Week APRIL 11-17	


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 342 Atlantic City Blvd
 Beachwood, NJ 08722

April 2026

ACTIVITIES & SERVICES



MONMOUTH COUNTY

Body & Soul

Body & Soul is a prenatal program that provides educational support starting in pregnancy and continuing postpartum for BIPOC & Haitian Creole speaking moms.

Monday & Wednesday from 10:00am-1:30pm

Location: Asbury Park Library, 500 1st Ave, Asbury Park NJ 07712

CUNA

CUNA is a prenatal program that provides educational support starting in pregnancy and continuing postpartum for Spanish speaking moms.

Tuesday & Thursday from 10:30am-1:30pm

Meeting ID: 813 7659 4914

Passcode: bebe

Nurturing Nest Workshop

Join us as we uplift one another, exchange advice, and create a community where every mom feels heard, supported, and empowered. From Postnatal to toddlers, all moms are welcome.

Time: 5:30pm-7:30pm

Location: Asbury Park Library, 500 1st Ave, Asbury Park NJ 07712

Plugged in Power Up

Families are invited for the launch of a new online community resource directory. They will have music, ice cream, prizes, art, tabling by community organizations, and more.

Time: 2:00pm-6:00pm

Location: Asbury Park Library, 500 1st Ave, Asbury Park NJ 07712

OCEAN COUNTY

Pregnancy Testing

Every Monday and Wednesday, we provide free & confidential pregnancy testing. No insurance needed. Walk-ins are always welcome.

Monday Location: Anchor Family Success Center 342 Atlantic City Blvd, Beachwood, NJ 08722

Wednesday Location: WIC in Lakewood 1771 Madison Ave, Lakewood NJ 08701

Donation Pick-up

Every Wednesday, food donations from Wawa, Pizza Hut, & KFC Chicken. (First come first served)

Location: Anchor Family Success Center, 342 Atlantic City Blvd, Beachwood NJ 08722

Time: 11:00am-4:00pm

Nurturing Nest

Join us every fourth Tuesday of the month as we uplift one another, exchange advice, and create a community where every mom feels heard, supported, and empowered. From Postnatal to toddlers, all moms are welcome.

Time: 2:30pm-3:30pm

Meeting ID: 829 1032 2896

Passcode: nest

CAPA Family Fun Night

Join us, for a night of laughter and fun as we spread Child Abuse Prevention Awareness with games, raffles, educational components, crafts, and so much more. Community resources will be available.

Time: 5:00pm-7:00pm

Location: Anchor Family Success Center, 342 Atlantic City Blvd, Beachwood NJ 08722

COMMUNITY-BASED DOULA SERVICES

For more information, contact:

Martine Pierre, PCIM Supervisor & Health Systems Liaison

mpierre@chsofnj.org (609) 940-9655

Bianca Louis, Bilingual Community-Based Doula (Haitian Creole/English)

blouis@chsofnj.org (609) 947-4926

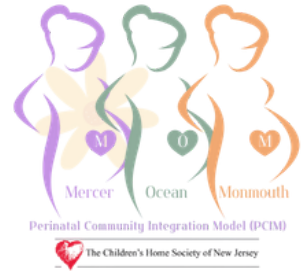
Ada Benavente, Bilingual Community-Based Doula (Spanish/English)

abenavente@ChsofNJ.org (609) 915-7146



ABRIL 2026

Modelo de Integración Comunitaria Perinatal/Salud Materno Infantil Condado de Monmouth y Ocean



DOMINGO	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SABADO
 GRATIS PRUEBAS DE EMBARAZO			1 <i>Body & Soul</i> 10:30am-1:30pm Donaciones de Alimentos 11:00am-4:00pm Prueba de Embarazo 1:00pm-5:00pm	2 CUNA 10:30am-1:30pm	3 <i>Good Friday</i> 	4
5 	6 <i>Body & Soul</i> 10:30am-1:30pm Prueba de Embarazo 11:00am-4:00pm	7 CUNA 10:30am-1:30pm	8 <i>Body & Soul</i> 10:30am-1:30pm Donaciones de Alimentos 11:00am-4:00pm  GAFA: Noche de Diversión Familiar 5:00pm-7:00pm Nido Nutritivo 5:30pm-7:00pm	9 CUNA 10:30am-1:30pm	10	
12 	13 <i>Body & Soul</i> 10:30am-1:30pm Prueba de Embarazo 11:00am-4:00pm	14 CUNA 10:30am-1:30pm	15 <i>Body & Soul</i> 10:30am-1:30pm Prueba de Embarazo 1:00pm-5:00pm Donaciones de Alimentos 11:00am-4:00pm	16 CUNA 10:30am-1:30pm	17 	18
19	20 Prueba de Embarazo 11:00am-4:00pm  <i>Body & Soul Baby Shower</i> 12:00pm-3:00pm	21  CUNA Baby Shower 11:00am-1:30pm	22 Donaciones de Alimentos 11:00am-4:00pm Prueba de Embarazo 1:00pm-5:00pm Nido Nutritivo 5:30pm-7:00pm	23	24 	25 Plugged In Powered Up 2:00pm-6:00pm
26 	27	28 Nurturing Nest 2:30pm-3:30pm 	29	30	 <i>Black Maternal Health Week</i> APRIL 11-17	

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Abril 2026



ACTIVIDADES Y SERVICIOS

CONDADO DE MONMOUTH

Body & Soul

Body & Soul es un programa prenatal que brinda apoyo educativo desde el embarazo y continúa después del parto para mamás BIPOC y de habla criolla haitiana.

Lunes y miércoles de 11:00m-1:30pm

Ubicación: Asbury Park Library, 500 1st Ave, Asbury Park NJ 07712

CUNA

CUNA es un programa prenatal que brinda apoyo educativo desde el embarazo hasta el posparto para mamás de habla hispana.

Martes y Jueves de 10:30am-1:30pm

ID de reunión: 813 7659 4914

Código de acceso: bebe

Taller de Nido Nutritivo

Únete a nosotras para apoyarnos mutuamente, intercambiar consejos y crear una comunidad donde cada mamá se sienta escuchada, apoyada y empoderada. Desde la etapa posparto hasta los primeros pasos, todas las mamás son bienvenidas.

Ubicación: Asbury Park Library, 500 1st Ave, Asbury Park NJ 07712

Plugged in Power Up

Se invita a las familias al lanzamiento de un nuevo directorio de recursos comunitarios en línea. Habrá música, helados, premios, arte, mesas informativas de organizaciones comunitarias y más.

Horario: 2:00pm-6:00pm

Ubicación: Asbury Park Library, 500 1st Ave, Asbury Park NJ 07712

CONDADO DE OCEAN

Prueba de Embarazo

Todos los lunes y miércoles ofrecemos pruebas de embarazo gratuitas y confidenciales. No se necesita seguro médico. Siempre se aceptan pacientes sin cita previa.

Ubicación del lunes: Anchor Family Success Center 342 Atlantic City Blvd, Beachwood, NJ 08722

Ubicación del miércoles: WIC en Lakewood 1771 Madison Ave, Lakewood NJ 08701

Recogida de Donaciones

Todos los miércoles, donaciones de alimentos de Wawa, Pizza Hut y KFC Chicken. (Por orden de llegada).

Horario: 11:00am-4:00pm

Ubicación: Anchor Family Success Center, 342 Atlantic City Blvd, Beachwood, NJ 08722

Nido Nutritivo

Únete a nosotras para apoyarnos mutuamente, intercambiar consejos y crear una comunidad donde cada mamá se sienta escuchada, apoyada y empoderada. Desde la etapa posparto hasta los primeros pasos, todas las mamás son bienvenidas.

Horario: 2:30pm-3:30pm

ID de reunión: 829 1032 2896

Código de acceso: nest

CAPA: Noche de Diversión Familiar

Acompáñenos en una noche de risas y diversión mientras promovemos la concienciación sobre la prevención del abuso infantil con juegos, rifas, actividades educativas, manualidades y mucho más. Habrá recursos comunitarios disponibles.

Horario: 5:00pm-7:00pm

Ubicación: Anchor Family Success Center, 342 Atlantic City Blvd, Beachwood NJ 08722

SERVICIOS DE DOULAS COMUNITARIAS

Para más información:

Martine Pierre, PCIM Supervisor & Health Systems Liaison

mpierre@chsofnj.org (609) 940-9655

Bianca Louis, Bilingual Community-Based Doula (Criollo Haitiano/Anglés)

blouis@chsofnj.org (609) 947-4926

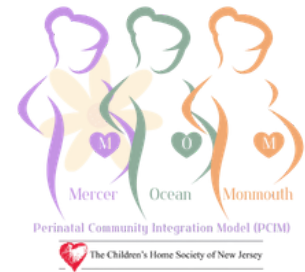
Ada Benavente, Bilingual Community-Based Doula (Español/Anglés)

abenavente@chsofnj.org (609) 915-7146



AVRIL 2026

Perinatal Community Integration Model/Maternal Child Health
Monmouth & Ocean County



DIMANCH	LENDI	MADI	MÉKREDI	JEDI	V ANDREDI	SAMDI
			1 Kò ak Navm 10:30am-1:30pm Donasyon Manje 11:00am-4:00pm Tès Gwosès 1:00pm-5:00pm	2 Beso 10:30am-1:30pm	3 Good Friday 	4
5 	6 Kò ak Navm 10:30am-1:30pm Tès Gwosès 11:00am-4:00pm	7 Beso 10:30am-1:30pm	8 Kò ak Navm 10:30am-1:30pm Donasyon Manje 11:00am-4:00pm Sware Amizans Taimi CA?H 5:00pm-7:00pm Nich Nourisan 5:30pm-7:00pm	9 Beso 10:30am-1:30pm	10	11
12 	13 Kò ak Navm 10:30am-1:30pm Tès Gwosès 11:00am-4:00pm	14 Beso 10:30am-1:30pm	15 Kò ak Navm 10:30am-1:30pm Tès Gwosès 1:00pm-5:00pm Donasyon Manje 11:00am-4:00pm	16 Beso 10:30am-1:30pm	17 	18
19	20 Tès Gwosès 11:00am-4:00pm Kò ak Navm Baby Shower 12:00pm-3:00pm	21 Beso Baby Shower 11:00am-1:30pm	22 Donasyon Manje 11:00am-4:00pm Tès Gwosès 1:00pm-5:00pm Nich Nourisan 5:30pm-7:00pm	23	24 	25 Plugged In Powered Up 2:00pm-6:00pm
26 	27	28 Nich Nourisan 2:30pm-3:30pm	29 	30	Black Maternal Health Week APRIL 11-17	

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 Beachwood, NJ 08722

Avril 2026

AKTIVITE & SÈVIS



MONMOUTH COUNTY

Kò ak Nanm

Kò ak Nanm se yon pwogram prenatal ki bay sipò edikatif kòmanse nan gwosès la epi kontinye apre akouchman pou manman ki pale anglè.

Lendi ak Mekredi soti 11:00am-1:00pm

Lokal: Asbury Park Library, 500 1st Ave, Asbury Park NJ 07712

BÈSO

CUNA se yon pwogram prenatal ki bay sipò edikatif kòmanse nan gwosès la epi kontinye apre akouchman pou manman ki pale panyòl.

Madi ak Jedi soti 10:30am-1:30pm

Meeting ID: 813 7659 4914

Passcode: bebe

Nich Nourisan Workshop

Vin jwenn nou pou nou mekredi ankouraje youn lòt, pataje konsèy, epi kreye youn kominote kote chak manman santi yo tande, sipòte, epi pran pouwa. Depi apre akouchman rive nan tibebe, tout manman yo akeyi.

Le: 5:30pm-7:30pm

Lokal: Asbury Park Library, 500 1st Ave, Asbury Park NJ 07712

Plugged in Power Up

Tout fanmi yo envite nan nouvo lansman. Repètwa kominote a. Ap gen mizik, krèm pou nou bwè. Ak prim, ap gen atistik tabling. Ke kominote a oganize ak anpil lot bagay.

Le: 2:00pm-6:00pm

Lokal: Asbury Park Library, 500 1st Ave, Asbury Park NJ 07712

OCEAN COUNTY

Tès Gwosès

Chak lendi, nou ofri tès gwosès gratis e konfidansyèl. Pa bezwen asirans. Nou toujou akeyi moun ki vini san randevou.

Lendi Lokal: Anchor Family Success Center 342 Atlantic City Blvd, Beachwood, NJ 08722

Mekredi Lokal: WIC in Lakewood 1771 Madison Ave, Lakewood NJ 08701

Ranmase Donasyon

Chak mekredi, donasyon manje soti nan Manhattan Bagel, Wawa, Pizza Hut, ak KFC Chicken. (Premye moun ki rive, premye moun ki sèvi).

Lokal: Anchor Family Success Center, 342 Atlantic City Blvd, Beachwood NJ 08722

Tine: 11:00am-4:00pm

Nich Nourisan

Vin jwenn nou pou nou ankouraje youn lòt, pataje konsèy, epi kreye youn kominote kote chak manman santi yo tande, sipòte, epi pran pouwa. Depi apre akouchman rive nan tibebe, tout manman yo akeyi.

Le: 2:30pm-3:30pm

Meeting ID: 829 1032 2896

Passcode: nest

CAPA Sware Amizman An Fanmi

Vini nan yon sware pou nou ri. Jwenn plezi, pandan ke nap samsibilize sou prevansyon pou yo pa maltrète timounn yo. Nap gen jwèt, tonbal, ap gen Edikasyon, ak atizana ak anpil lot bagay. Resous kominote yo ap disponib.

Le: 5:00pm-7:00pm

Lokal: Anchor Family Success Center, 342 Atlantic City Blvd, Beachwood NJ 08722

SEVIS KO AK NANM POU KOMINOTE

Pou Plis Enfòmasyon, tanpri kontakte nou:

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mpierre@chsofnj.org (609) 940-9655

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