

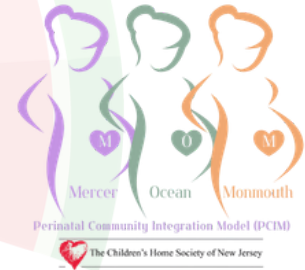
JUNE 2026

Perinatal Community Integration Model/Maternal Child Health
Monmouth & Ocean County



The Children's Home Society

O F N E W J E R S E Y ®



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 7	1 Body & Soul 11:00am-2:00pm Pregnancy Testing 11:00am-4:00pm	2 CUNA 10:30am-1:30pm	3 Body & Soul 11:00am-1:30pm Food Donations 11:00am-4:00pm Pregnancy Testing 1:00pm-5:00pm	4 CUNA 10:30am-1:30pm	5 	6
14	8 Body & Soul 11:00am-2:00pm Pregnancy Testing 11:00am-4:00pm	9 CUNA 10:30am-1:30pm	10 Body & Soul 11:00am-1:30pm Food Donations 11:00am-4:00pm Pregnancy Testing 1:00pm-5:00pm Nurturing Nest 5:30pm-7:00pm	11 CUNA 10:30am-1:30pm	12	13
21 	15 Body & Soul 11:00am-2:00pm Pregnancy Testing 11:00am-4:00pm	16 CUNA 10:30am-1:30pm Pregnancy Testing 2:00pm-5:00pm	17 Body & Soul 11:00am-1:30pm Food Donations 11:00am-4:00pm Pregnancy Testing 1:00pm-5:00pm	18 CUNA 10:30am-1:30pm	19 	20
28 	22 Body & Soul 11:00am-2:00pm Pregnancy Testing 11:00am-4:00pm	23 CUNA Baby Shower 10:30am-1:30pm	24 Body & Soul 11:00am-1:30pm Food Donations 11:00am-4:00pm Pregnancy Testing 1:00pm-5:00pm Nurturing Nest 5:30pm-7:00pm	25 	26 	27
29 Body & Soul 11:00am-2:00pm Pregnancy Testing 11:00am-4:00pm	30 Nurturing Nest 2:30pm-3:30pm					



Dieufane Tilus (Didi)
Bilingual Women's Health Advocate
atilus@chsofnj.org
(609) 577-0119



Adriana Ortiz
Bilingual Women's Health Advocate
aortiz@chsofnj.org
(609) 915-5406



342 Atlantic City Blvd
Beachwood, NJ 08722

June 2026



ACTIVITIES & SERVICES

MONMOUTH COUNTY

Body & Soul

Body & Soul is a prenatal program that provides educational support starting in pregnancy and continuing postpartum for BIPOC & Haitian Creole speaking moms.

Monday & Wednesday from 11:00am-2:00pm

Location: Asbury Park Library, 500 1st Ave, Asbury Park NJ 07712

Nurturing Nest Workshop

Join us as we uplift one another, exchange advice, and create a community where every mom feels heard, supported, and empowered. From Postnatal to toddlers, all moms are welcome.

Time: 5:30pm-7:30pm

Location: Asbury Park Library, 500 1st Ave, Asbury Park NJ 07712

OCEAN COUNTY

Pregnancy Testing

Every Monday and Wednesday, we provide free and confidential pregnancy testing. No insurance is needed, and walk-ins are always welcome. Tuesdays are available once a month.

Monday Location: Anchor Family Success Center 342 Atlantic City Blvd, Beachwood, NJ 08722

Tuesday Location: Wellpoint Storefront, 100 Clifton Ave, Lakewood NJ 08701

Wednesday Location: WIC in Lakewood 1771 Madison Ave, Lakewood NJ 08701

Donation Pick-up

Every Wednesday, food donations from Wawa, Pizza Hut, & KFC Chicken. (First come first served)

Location: Anchor Family Success Center, 342 Atlantic City Blvd, Beachwood NJ 08722

Time: 11:00am-4:00pm

CUNA

CUNA is a prenatal program that provides educational support starting in pregnancy and continuing postpartum for Spanish speaking moms.

Tuesday & Thursday from 10:30am-1:30pm

Location: 100 Clifton Ave, Lakewood NJ, 08701

Nurturing Nest Workshop

Join us every fourth Tuesday of the month as we uplift one another, exchange advice, and create a community where every mom feels heard, supported, and empowered. From Postnatal to toddlers, all moms are welcome.

Time: 2:30pm-3:30pm

Location: Anchor Family Success Center, 342 Atlantic City Blvd, Beachwood NJ 08722

COMMUNITY-BASED DOULA SERVICES

For more information, contact:

Bianca Louis, Bilingual Community-Based Doula (Haitian Creole/English)

blouis@chsofnj.org (609) 947-4926

Ada Benavente, Bilingual Community-Based Doula (Spanish/English)

abenavente@chsofnj.org (609) 915-7146



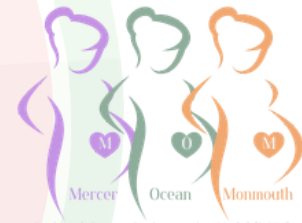
JUNIO 2026

Modelo de Integración Comunitaria Perinatal/Salud Materno
Infantil Condado de Monmouth y Ocean



The Children's
Home Society

O F N E W J E R S E Y ®



Perinatal Community Integration Model (PCIM)

The Children's Home Society of New Jersey

DOMINGO	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SABADO
 GRATIS PRUEBAS DE EMBARAZO	1 Body & Soul 11:00am-2:00pm Prueba de Embarazo 11:00am-4:00pm	2 CUNA 10:30am-1:30pm	3 Body & Soul 11:00am-1:30pm Donaciones de Alimentos 11:00am-4:00pm Prueba de Embarazo 1:00pm-5:00pm	4 CUNA 10:30am-1:30pm	5 	6
7	8 Body & Soul 11:00am-2:00pm Prueba de Embarazo 11:00am-4:00pm	9 CUNA 10:30am-1:30pm	10 Body & Soul 11:00am-1:30pm Donaciones de Alimentos 11:00am-4:00pm Prueba de Embarazo 1:00pm-5:00pm Nido Nutritivo 5:30pm-7:00pm	11 CUNA 10:30am-1:30pm	12	13
14	15 Body & Soul 11:00am-2:00pm Prueba de Embarazo 11:00am-4:00pm	16 CUNA 10:30am-1:30pm Prueba de Embarazo 2:00pm-5:00pm	17 Body & Soul 11:00am-1:30pm Donaciones de Alimentos 11:00am-4:00pm Prueba de Embarazo 1:00pm-5:00pm	18 CUNA 10:30am-1:30pm	19 	20 CLOSED
21 	22 Body & Soul 11:00am-2:00pm Prueba de Embarazo 11:00am-4:00pm	23  CUNA Baby Shower 10:30am-1:30pm	24 Body & Soul 11:00am-1:30pm Donaciones de Alimentos 11:00am-4:00pm Prueba de Embarazo 1:00pm-5:00pm Nido Nutritivo 5:30pm-7:00pm	25 	26 	27
28 	29 Body & Soul 11:00am-2:00pm Prueba de Embarazo 11:00am-4:00pm	30 Nido Nutritivo 2:30pm-3:30pm				



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342 Atlantic City Blvd
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Junio 2026



ACTIVIDADES Y SERVICIOS

CONDADO DE MONMOUTH

Body & Soul

Body & Soul es un programa prenatal que brinda apoyo educativo desde el embarazo y continúa después del parto para mamás BIPOC y de habla criolla haitiana.

Lunes y miércoles de 11:00m-2:00pm

Ubicación: Asbury Park Library, 500 1st Ave, Asbury Park NJ 07712

Taller de Nido Nutritivo

Únete a nosotras para apoyarnos mutuamente, intercambiar consejos y crear una comunidad donde cada mamá se sienta escuchada, apoyada y empoderada. Desde la etapa posparto hasta los primeros pasos, todas las mamás son bienvenidas.

Ubicación: Asbury Park Library, 500 1st Ave, Asbury Park NJ 07712

CONDADO DE OCEAN

Prueba de Embarazo

Todos los lunes y miércoles ofrecemos pruebas de embarazo gratuitas y confidenciales. No se necesita seguro médico. Siempre se aceptan pacientes sin cita previa.

Ubicación del lunes: Anchor Family Success Center 342 Atlantic City Blvd, Beachwood, NJ 08722

Ubicación del miércoles: Wellpoint Storefront 100 Clifton Ave, Lakewood NJ 08701

Ubicación del miércoles: WIC en Lakewood 1771 Madison Ave, Lakewood NJ 08701

Recogida de Donaciones

Todos los miércoles, donaciones de alimentos de Wawa, Pizza Hut y KFC Chicken. (Por orden de llegada).

Horario: 11:00am-4:00pm

Ubicación: Anchor Family Success Center, 342 Atlantic City Blvd, Beachwood, NJ 08722

CUNA

CUNA es un programa prenatal que brinda apoyo educativo desde el embarazo hasta el posparto para mamás de habla hispana.

Martes y Jueves de 10:30am-1:30pm

Ubicación: 100 Clifton Ave, Lakewood NJ, 08701

Nido Nutritivo

Únete a nosotras para apoyarnos mutuamente, intercambiar consejos y crear una comunidad donde cada mamá se sienta escuchada, apoyada y empoderada. Desde la etapa posparto hasta los primeros pasos, todas las mamás son bienvenidas.

Horario: 2:30pm-3:30pm

Ubicación: Anchor Family Success Center, 342 Atlantic City Blvd, Beachwood, NJ 08722

COMMUNITY-BASED DOULA SERVICES

Para más información, contacte a:

Bianca Louis, Bilingual Community-Based Doula (Haitian Creole/English)

blouis@chsofnj.org (609) 947-4926

Ada Benavente, Bilingual Community-Based Doula (Spanish/English)

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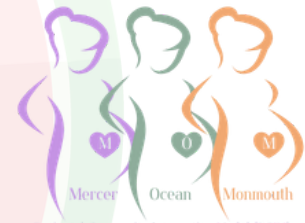
JEN 2026

Perinatal Community Integration Model/Maternal Child Health
Monmouth & Ocean County



The Children's Home Society

O F N E W J E R S E Y



Perinatal Community Integration Model (PCIM)
The Children's Home Society of New Jersey

DIMANCH	LENDI	MADI	MÉKREDI	JEDI	VANDREDI	SAMDI
	1 Kò ak Nanm 11:00am-2:00pm Tès Gwosès 11:00am-4:00pm	2 CUNA 10:30am-1:30pm	3 Kò ak Nanm 11:00am-2:00pm Donasyon Manje 11:00am-4:00pm Tès Gwosès 1:00pm-5:00pm	4 CUNA 10:30am-1:30pm	5 	6
7 GRATIS TEST GROSE	8 Kò ak Nanm 11:00am-2:00pm Tès Gwosès 11:00am-4:00pm	9 CUNA 10:30am-1:30pm	10 Kò ak Nanm 11:00am-2:00pm Donasyon Manje 11:00am-4:00pm Tès Gwosès 1:00pm-5:00pm Nich Nourisan 5:30pm-7:00pm	11 CUNA 10:30am-1:30pm	12	13
14	15 Kò ak Nanm 11:00am-2:00pm Tès Gwosès 11:00am-4:00pm	16 CUNA 10:30am-1:30pm Tès Gwosès 2:00pm-5:00pm	17 Kò ak Nanm 11:00am-2:00pm Donasyon Manje 11:00am-4:00pm Tès Gwosès 1:00pm-5:00pm	18 CUNA 10:30am-1:30pm	19 	20
21 hello SUMMER	22 Kò ak Nanm 11:00am-2:00pm Tès Gwosès 11:00am-4:00pm	23 CUNA Fet Pou Bebe 10:30am-1:30pm	24 Kò ak Nanm 11:00am-2:00pm Donasyon Manje 11:00am-4:00pm Tès Gwosès 1:00pm-5:00pm Nich Nourisan 5:30pm-7:00pm	25 	26	27
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Jen 2026

AKTIVITE & SÈVIS



MONMOUTH COUNTY

Kò ak Nanm

Kò ak Nanm se yon pwogram prenatal ki bay sipò edikatif kòmanse nan gwosès la epi kontinye apre akouchman pou manman ki pale anglè.

Lendi ak Mekredi soti 11:00am-2:00pm

Lokal: Asbury Park Library, 500 1st Ave, Asbury Park NJ 07712

Nich Nourisan Workshop

Vin jwenn nou pou nou mekredi ankouraje youn lòt, pataje konsèy, epi kreye youn kominote kote chak manman santi yo tande, sipòte, epi pran pouwa. Depi apre akouchman rive nan tibebe, tout manman yo akeyi.

Le: 5:30pm-7:30pm

Lokal: Asbury Park Library, 500 1st Ave, Asbury Park NJ 07712

OCEAN COUNTY

Tès Gwosès

Chak lendi, nou ofri tès gwosès gratis e konfidansyèl. Pa bezwen asirans. Nou toujou akeyi moun ki vini san randevou. Madi yo disponib youn fwa pa mwa.

Lendi Lokal: Anchor Family Success Center 342 Atlantic City Blvd, Beachwood, NJ 08722

Madi Lokal: Wellpoint Storefront, 100 Clifton Ave, Lakewood NJ 08701

Mekredi Lokal: WIC in Lakewood 1771 Madison Ave, Lakewood NJ 08701

Ranmase Donasyon

Chak mekredi, donasyon manje soti nan Manhattan Bagel, Wawa, Pizza Hut, ak KFC Chicken. (Premye moun ki rive, premye moun ki sèvi).

Lokal: Anchor Family Success Center, 342 Atlantic City Blvd, Beachwood NJ 08722

Le: 11:00am-4:00pm

CUNA

CUNA se yon pwogram prenatal ki bay sipò edikatif kòmanse nan gwosès la epi kontinye apre akouchman pou manman ki pale panyòl.

Chak Madi avek Jedi a 10:30am-1:30pm

Lokal: 100 Clifton Ave, Lakewood NJ, 08701

Nich Nourisan

Vin jwenn nou pou nou ankouraje youn lòt, pataje konsèy, epi kreye youn kominote kote chak manman santi yo tande, sipòte, epi pran pouwa. Depi apre akouchman rive nan tibebe, tout manman yo akeyi.

Le: 2:30pm-3:30pm

Lokal: Anchor Family Success Center, 342 Atlantic City Blvd, Beachwood NJ 08722

SEVIS KO AK NANM POU KOMINOTE

Pou Plis Enfòmasyon, tanpri kontakte nou:

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